



International Society of
Schema Therapy

Individual Schema Therapy Certification Programme in Southeast Asia

HOPE worldwide (Singapore) and **Louis Counselling & Training Services Pte Ltd** invite clinicians to this certification programme approved by the **International Society of Schema Therapy (ISST)**. Qualified staff of NCSS-member and MSF-Funded social service organisations will enjoy up to **30% VCF Funding** (pre-approval). The training will incorporate the use of **Movie Therapy®** to enhance didactic and dyadic learning. After completion, participants may apply for ISST Membership and work towards becoming a Certified Schema Therapist.



About the Trainer

Dr John Philip Louis has conducted research on schemas and parenting scales. He is ISST-certified Schema Therapist, Supervisor and Trainer. He was trained directly by Dr Jeffrey Young, founder of Schema Therapy. John is a Registered Counsellor and Clinical Supervisor at the Singapore Association for Counselling.

Workshop 1: Schema Therapy Professional Training (Basic) – Schema Theory, Concepts and Techniques

- Case conceptualization using schema theory and concept (schemas, coping styles and modes, universal core emotional needs, temperamental factors)
- Use of assessment tools (interviews, imagery and inventories)
- Use of therapy relationship to provide limited reparenting, emphatic confrontation and limit setting
- Treatment formulation
- Schema Therapy cognitive and experiential techniques

Date/Time:

26–28 March 2018 (Mon-Wed), 9.00am-5.00pm

26 -28 Sept 2018 (Wed-Fri), 9.00am-5.00pm

Standard fees: \$980.00

After VCF Funding (Pre-Approval): \$686.00

Workshop 2: Schema Therapy Professional Training (Advance) – Specific Treatment Populations

- Schema Mode work with Borderline Personality Disorders
- Schema Mode work with Narcissistic Personality Disorders
- Other PDs
- Signs of Therapist's Schema Interference in Treatment
- Limited Reparenting with Child Modes
- Confronting and Limit setting for Punitive and Demanding Parent modes
- Emphatic Confrontation/limit setting for Maladaptive Coping Modes

Date/Time: 23-25 July 2018 (Mon-Wed); 9.00am-5.00pm

Standard fees: \$1,080.00

After VCF Funding (Pre-Approval): \$756.00

Venue: HOPE worldwide Singapore, 1 Edgefield Walk, Singapore 828850

We have allocated strictly maximum of 20 slots for these courses. Slots will be confirmed upon receipt of payment.

Registration fees are inclusive of lunch and tea breaks. Handouts and Certificates will be provided.

To register, call 6312 9671 or email: enquiries@hopewsea.org.